Rehabilitation • Skilled Nursing • Hospice • Respite

At press time, all visitation is suspended for the protection of residents' health.

Please call for updates. Wash hands often and stay home if you are ill.



Visit our website for more Covid 19 information.



Therapy Success Story



Washington DC in 1943 and was raised partially in Maryland and partially in Los Angles, CA. For the past 27 years, he

has lived on Middle McKenzie Lake, between Spooner and Webster in Burnett County.

John's family consists of his wife, Pauline, 2 daughters (Amy, who lives in Scottsdale, AZ) and (Jennifer, who lives in Winona, MN), 1 step son (Mark, who lives in Forest Lake, MN) 7 grandsons, 3 great grandsons, and 2 great granddaughters.

John served 4 years in the United States Air Force. He traveled to many different places, including San Antonio, TX; Biloxi, MS; Spokane, WA; and Colorado Springs, CO. After he received electronics training in Biloxi, he spent time installing and repairing closed circuit TV systems at missile sites and NORAD (North American Aerospace Command Defense) Headquarters.

John came to Maple Ridge Care Center for rehabilitation after a fall at his home. John explained, "Stupid mistake. Tried to get on the roof of my garage to fix an ice dam. The ladder was too short, and I lost my balance between the top step of the ladder and the garage roof. I became airborne and landed on a concrete driveway about 10 feet below. I fractured my right femur just below the hip socket."

John N. was born in After having surgery in Duluth to repair the fracture, he was referred to Maple Ridge Care Center since he lived so close.

> "The entire staff is EXCELLENT!! Everyone is very helpful and friendly. The food was outstanding as well," John said. He said he would absolutely recommend Maple Ridge to others. This is his explanation about how he felt our rehab department helped him during his recovery.

> "When I first got here, I felt like an invalid. I couldn't walk or use the bathroom. In just 2 weeks, the rehab department has me up and walking with a walker. I have climbed stairs, use the bathroom independently, and today they took my wheelchair away. I will be going home in a few days, thanks to them and the rest of the Maple Ridge staff," said John.

> John is looking forward to becoming more independent, walking without a walker, sitting in his living room and watching birds and squirrels on the deck. He was excited to watch his wife use the electric snow shovel he got her for Christmas, and just enjoy time with family and friends.

> John's words of advice for others who may be in a similar situation would be, "Do what the therapists and nurses and the rest of the staff tell you to do. They are committed to helping you get better as quickly as possible." John also said, "I just want to thank everyone at Maple Ridge for the wonderful care they provided during my brief stay."

DONATE SAFELY AND EASILY ONLINE: MapleRidgeCareCenter.org/Donate



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Events and activities have been cancelled indefinitely. We are finding creative one-on-one activities for residents. Please check our website for updates or call our office before planning to attend any activities or events at our facility.		10:30 Jan's Baking 1:45 Bingo 3:00 Refreshments 6:30 Grace Bible Singers	7:15 Men's Breakfast 10:30 Catholic Ladies 1:45 6~5~4 Dice 3:30 Dean & Anna 6:30 Dominoes	10:45 Splash of Color 1:45 Popcorn & Happy Hour with Fargo 6:15 Make A Word	10:30 Tony's Gospel Music 1:45 Bingo 6:15 Movie Night: Easter Parade	
1:30 Rosenbergs 2:00 Lake Park Alliance Church 3:30 Horse Races 6:15 Book Club	10:45 Veteran's Meet 1:45 Pokeno 4:30 John's Spaghetti 6:30 Household Cleaning	7 10:45 Beading Bellas 2:00 Spooner Wesleyan 3:30 Fancy Fingers 6:30 Book Club 6:30 John & Ken's Cribbage	8 10:30 Jan's Baking Noon Birthday Lunches 1:45 Bingo 3:00 Refreshments 6:30 Long Word	9 10:45 Better Together 1:45 6~5~4 Dice 3:30 Ladies' Teatime 6:30 Quality 1:1 Visits	10 10:45 Table Soccer 1:45 Popcorn & Happy Hour with Vern & Carol 6:15 Easter Trivia	11 10:30 Bible Study 1:45 Bingo 6:15 Movie Night: The Unsinkable Molly Brown
HAPPY EASTER 10:30 Horse Races 2:00 Salem Lutheran 6:15 Movie Night: The Robe	13 10:45 Coffee Clutch 1:45 Pokeno 3:30 Fancy Fingers 6:30 1:1 Quality Visits	14 10:45 Reminisce with IN2L 2:00 Calvary Lutheran 3:00 Refreshments 6:30 Book Club 6:30 John & Ken's Cribbage	15 10:00 Resident Council 1:45 Bingo 3:00 Refreshments 3:30 Activity Planning 6:30 Ring Toss	16 10:45 TV Time 1:45 6~5~4 Dice 3:30 Dean & Anna's Gospel Music 6:30 New Edition Band	17 10:45 Hangman 1:45 Popcorn & Happy Hour with Fargo 6:15 Kickball	18 10:30 Bible Study 1:45 Bingo 6:15 Movie Night: The Greatest Show on Earth
1:30 Rosenbergs 2:00 Shell Lake Methodist 3:30 Horse Races 6:15 Book Club	10:30 Cradle to Crayons Visit 1:45 Pokeno 3:30 Fancy Fingers 6:30 1:1 Quality Visits	2:00 United Methodist 3:00 Refreshments 6:30 Book Club 6:30 John & Ken's Cribbage	10:30 Jan's Baking 1:45 Bingo 3:30 Refreshments 6:30 Yahtzee	1:45 Memory Game 1:45 6~5~4 Dice 3:30 Mickey & Sally's Music 6:30 Catch Phrase	1:45 Dominoes 1:45 Popcorn & Happy Hour with Fargo 6:15 Kickball	1:45 Bingo 3:00 Vicki's Music 6:15 Movie Night: Singing in the Rai
2:00 Cornerstone Church 3:30 Horse Races 6:15 Book Club	1:45 Coffee Clutch 1:45 Pokeno with Resident Pals 3:30 Fancy Fingers 6:30 Music with Vern	28 10:45 Shake Loose a Memory 1:45 Bingo/Refreshments 3:30 Jo & Friends Singing 6:30 Book Club 6:30 John & Ken's Cribbage	29 10:45 Alley Cats Lunch Outing! 2:00 Northwoods Baptist Church/ Refreshments 6:30 Long Word Short Word	10:45 Splash of Color 1:45 6~5~4 Dice 3:30 Dean & Anna's Gospel Music 6:30 Quality 1:1 Visits	Schedule is subject to change.	Special Meals: Men's Breakfast an John's Spaghetti!

Happy Retirement!

Theresa LaPorte has been a great asset to our facility and residents for several years. She will be leaving us to retire and spend time with her family and hobbies. She also has graciously agreed to stay on with us until our new Activities Director can get started. We wish her all the best and she will be missed!!



Friendly Staff / Visiting Hours

Maple Ridge welcomes visitors at all times, but quiet hours are enforced during 8:00pm-5:00am to ensure a home-like and comfortable environment for our residents. We ask that if you do visit at this time to keep volumes low and/or to visit in one of our sitting areas if your loved one shares a room with another resident.

Maple Ridge staff can be reached 24 hours a day at 715-635-1415, or use the directory below for specific questions.

Jennifer Abernathy

Administrator 635-1420

Theresa LaPorte

Activities Director 635-1437

Iackie VandeVoort

Business Office 635-1239

Nancy Longhenry

Director of Nursing 635-1356

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Team SUPERHEROES IN SCRUBS is at it again!

The crew is prepping for the 2nd Annual SuperHero Dash 5K on Saturday, May 9th at Harriet Island in Minnesota. The SuperHero Dash directly benefits the ALS Association and its mission to discover treatments and a cure for ALS while serving, advocating for, and empowering people affected by ALS to live their lives to the fullest. ALS (Amyotrophic lateral sclerosis) is a progressive neurodegenerative disease that affects nerve cells in the brain and spinal cord. Approximately 20,000 people in the U.S. have the disease at any given time and there currently is no cure.

Last year our SuperHero team raised over \$2,000! We have set our sights on reaching \$3,000+ this year and need YOUR help. We will be fundraising the whole month of April. Fundraisers include:

- * Donut Days 4/3, 4/17 & 5/1; Stop by the activity room 7-10AM and purchase a donut and glass of juice or coffee for \$1 each.
- * Easter Egg Hunt Sat. April 11th, 10:30AM; Free-will donations accepted.
- * Bake Sale Wed. April 22nd We're accepting donations of baked good items to be sold
- * Spaghetti Feed and Silent Auction Wed. April 29th, 4:30 6:30 P.M. in the Activity Room; Tickets for the Spaghetti Feed are available at the nurses' station and will be available at the door the night of the event.

Adults - \$8

Kids (3-8yr) - \$5

Kids under 3 are FREE!

Please consider joining your loved one for this delicious meal and a fun evening!

* SuperHero Week - Monday May 4th - Friday May 8th; Staff and residents will be invited to join in games, dress up as their favorite superhero, enjoy a movie marathon with popcorn and happy hour, and much more!

100% of the profits from all fundraisers will go towards the Team's fundraising efforts.

Please call Maple Ridge and ask to speak to Brittany Sockness (715) 635-1415 if you would like to join our SuperHero Team and complete the 5K WALK with us, help with any of the fundraisers, make a monetary or item donation, or would like more information.

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Residents playing Lions Bingo





